



WHAT HAPPENS ON THE COURSE?

DIVE INTO YOURSELF

Each Outward Bound course is unique. Our instructors plan the program while the participants actively shape it with their character, motivation, decisions, and pace.

You can expect the following to happen:

Day 1

Arrival at the education center (Veliki Žitnik 17) at 11 am

Introduction to Outward Bound

Get to know each other and team building activities

Personal expectations and goals

Common rules

Preparations for the expedition – issuing gear, practicing bivouac building and knot tying, preparing a fireplace, and cooking on the campfire

Evening circle and reflection around the fireplace

Spending the night in the education center

Day 2

Morning circle

Packing your backpack

Final preparations for the expedition – orienteering exercises in nature using a map and a compass

Departure on the expedition – orienteering, hiking

Setting up the campsite – building a bivouac, preparing a fireplace, cooking dinner on the campfire

Evening circle and reflection around the fireplace

Overnight stay in the camp

Days 3 - 6

Expedition – orienteering, hiking, conquering mountain peaks, rock climbing, and rappelling

Strategic thinking and problem-solving tasks

Communication and leadership exercises

Setting up a camp – building a bivouac, preparing a fireplace, cooking dinner on the campfire

Evening circle and reflection around the fireplace

Overnight stay in the camp

Day 7

Morning circle

Solo – time for rest and reflection in nature

Descent from Velebit to the coast

Beach time

Transfer to the education center

Evening circle and reflection around the fireplace

Spending the night in the education center

Day 8

Morning circle

Returning and cleaning the expedition gear

Evaluation of the course

Final diploma ceremony

Lunch

Returning home – 2 pm



**OUTWARD BOUND
CROATIA™**